

# A Guide To Successful Practice

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The KEY to being AWESOME is having a Plan and putting in the Time.  
*Smart Practice will help you create a PLAN and save TIME.*

**Go to: <http://practicingsguide.weebly.com/>**

## **What is “Practicing”? (True/False)**

- Deliberate, systematic, highly structured? (T/F)
- Goal Oriented? (T/F)
- Slow and Repetitive (T/F)
- Careful self-monitoring, self-teaching (T/F)
- Solving individual problems (T/F)
- Give a specific example of how you practice correctly:

## **What is “Playing”?**

- Not focused, mindless (T/F)
- Give an example of “Auto Pilot” playing:
  
- Why does it not make sense to play unconsciously?

## **What is “Rehearsing”?**

- How is practicing and rehearsing different? (cite the website – form complete thoughts)
  
- Students are only responsible for themselves and their part. (T/F) Why?

## **When should musicians practice?**

- At a time of day when \_\_\_\_\_ and ability to \_\_\_\_\_.
- Musicians should practice at an inconsistent time every day. (T/F)

## **What should a practice space look like?**

- Give examples (cite the website)
  - Why do you need a music stand?

### **What should a musician's music look like?**

- Give examples (cite website)
  
- Give examples of what music should NOT look like (cite website)

### **What should people hear when a musician is practicing?**

- A practice session should start with breathing exercises. (T/F)
- Give an example of an instrument specific noise: (cite website)
  
- What should happen before a musician begins practicing a piece of music?
  
- When practicing music how often should a musician play the entire piece of music from beginning to end during a single practice session?
  
- What are some different ways musicians should go about practicing music to make the most of their practicing? (give multiple examples)
  
  
- How can a musician "prepare for a performance"? (cite website – give multiple examples)

### **Final Questions:**

"Practice makes Perfect!" (T/F)

"Perfect Practice makes Perfect" (T/F)

"Somewhere out there someone is working harder than you..." **TRUE**. Will you work smarter than them? How?